

Hexham & Surrounding Areas

No. 28

Trinity Methodist Church

Tea & Tipple

Martha's Coffee Shop

Watling Coffee House

Aston Buckley in The Chare

Café Nero

Inspired Pots

White Monk Tearoom

Vindolanda/Roman Army Museum

The Cedar Tree

Fun@Splatz



These premises are publicised by displaying a Breastfeeding



The following are Baby Friendly throughout

Northumberland:

Health Centres

Children's Centres

Libraries

Asda

Wetherspoon

McDonalds

Feeding in Public

Equality Act 2010—The new law makes it clear that it's against the law for you to get less favourable treatment because you're breastfeeding

Practice feeding in front of the mirror

Pop along to a breastfeeding group so you can feed in a 'safe' environment

Wear appropriate clothes to make breastfeeding more discreet e.g. loose tops, pashminas, breast vest's, boob tube under your t shirt to cover your tummy.

Use the Breastfeeding Friendly Premises for your

If you require any further information or would like to become a member of the scheme please contact:

Sarah Banks 07824 607 332

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(Breastfeeding Peer Support Coordinators)



Breastfeeding Friendly Premises in Northumberland

The Breastfeeding Friendly Award Scheme has been developed to promote, protect and support a mothers' right to breastfeed in public. It also aims to increase the acceptability of breastfeeding in public as a normal activity.

The Scheme will enable families to plan trips out using premises which actively support breastfeeding and most of all give approval and encouragement to help parents build up their confidence particularly in the early days.

Ashington

Banana Beach
Ashington Leisure Centre
Northumberland Care Trust (Epsom Drive)

Bedlington & District

Space to Play

Morpeth

Costa Coffee
Peppermint Tearooms
Riverside Leisure Centre
Ulgham Wildlife Sanctuary
County Hall
Café Des Amis
Energie Ladies Fitness Club
Central Bean
JoJo Maman Bébé
Boots, The Mount

Cramlington

Hareside Primary School
Cragside Primary School
Tomme Tippee Factory
The Three Horse Shoes, Horton
The Plough
Azure Garden Centre
Manor Walks Shopping Centre & Leisure
Blagdon Arms
The Snowy Owl
The Brockwell Seam
TJ's Jungle
Bay Horse Inn
Willow Farm
Moor Farm Beefeater

Blyth

Alphabet Soup
Bon Marche
@Ivy Café
The Point
The Keel Row
The Briardale Centre
Buffalow Community Centre
Blyth Boathouse
Coastline Fish & Chips
Cara Mia
Dolly Dimples
Blyth Sports Centre
Blyth Sports Centre Café
Morrisons
Milly Performance Acamemy
Scaramanga's

Newbiggin by the Sea

Newbiggin Leisure Centre
Stasy's

Seaton Valley

Castaways—Seaton Sluice
The Keel Row Pub

Rothbury & Surrounding Areas

Tomlinsons
Harleys
Elm Tree Coffee Shop
Newcastle Hotel
Queens Head Hotel
Tully's

Seahouses & Surrounding Areas

Bamburgh Castle Hotel
Beadnell Towers
Seahouses Resource Centre
Pinnacles Fish and Chip Shop
The Apple Inn
The Bunker
The Olde Ship
The Ocean Club

Alnwick & Surrounding Areas

Blackmores
Copperfields
Lilburns
Louis Steakhouse
Penny Black
The White Swan
The Strawberry Lounge and Smoothie
Bar Sainsburys
Carlo'sand Chips

Berwick & Surrounding Areas

Berwick Garden Centre
Doolally's
Amaryllis
Boots
The Maltings
YHA Berwick
Foulis